

ADHD Research in Adults **2010 – 2024**

A comprehensive list of 90 studies.



20 RESEARCH PAPERS ON ADHD IN ADULTS PUBLISHED IN 2023 AND 2024

1. **Evidence of emotion dysregulation as a core symptom of adult ADHD: A systematic review**
 - Authors: Ana-María Soler-Gutiérrez, J. Pérez-González, J. Mayas
 - [Link to paper](#)
2. **The diagnostic issues of Adult attention deficit hyperactivity disorder (ADHD): A systematic literature review**
 - Authors: F. Askri, A. Aissa, S. Jedda, Y. Zgueb, U. Ouali
 - [Link to paper](#)
3. **Adult ADHD in the Republic of Ireland: the evolving response**
 - Authors: Shaeraine Raaj, Margo Wrigley, Richard Farrelly
 - [Link to paper](#)
4. **Adult attention deficit hyperactivity disorder: a comprehensive review**
 - Authors: Ozge C. Williams, Sakshi Prasad, A. McCrary, Erica Jordan, Vishi Sachdeva, Sheryl Deva, Harendra Kumar, Jayati Mehta, Purushottam Neupane, Aditi Gupta
 - [Link to paper](#)
5. **ADHD Follow-Up in Adulthood among Subjects Treated for the Disorder in a Child and Adolescent Mental Health Service from 1995 to 2015**
 - Authors: R. Di Lorenzo, Jessica Balducci, A. Cutino, Emanuela Latella, G. Venturi, S. Rovesti, T. Filippini, P. Ferri
 - [Link to paper](#)
6. **Adult ADHD: 6 studies of nonpharmacologic interventions**
 - Author: M. G. Santos
 - [Link to paper](#)
7. **[Expert consensus on the diagnosis and treatment of adult attention deficit hyperactivity disorder in China (2023 Edition)]**
 - [Link to paper](#)
8. **Attention Deficit Hyperactivity Disorder (ADHD) in Adults: A Mini Review**
 - Author: M. Bourin
 - [Link to paper](#)
9. **CLUSTER ANALYSIS OF ATTENTIONAL PERFORMANCE AND BEHAVIORAL EXPRESSIONS IN ADULTS WITH ADHD SYMPTOMS**

- Authors: L. R. Carreiro, I. Paes, M. Silva, A. Seabra
- [Link to paper](#)

10. Practice Guidelines Development: The APSARD United States Guidelines for the Diagnosis and Treatment of ADHD in Adults

- Authors: David W. Goodman, Greg Mattingly
- [Link to paper](#)

11. Adult ADHD and internet addiction among undergraduate medical college students

- Authors: Nikhat Afshan, Sarath Bodepudi, Therissa Benerji, M. Kodali, K. Parvathaneni
- [Link to paper](#)

12. “Dysregulated not deficit”: A qualitative study on symptomatology of ADHD in young adults

- Authors: Callie M. Ginapp, Norman R. Greenberg, Grace Macdonald-Gagnon, Gustavo A Angarita, K. Bold, Marc N Potenza
- [Link to paper](#)

13. Guidelines in the United States for the Diagnosis and Treatment of Attention-Deficit/Hyperactivity Disorder in Adults: Why They Are Needed

- Authors: Ann Childress, Maggie Sibley, M. Solanto, Max Wiznitzer, J. Newcorn
- [Link to paper](#)

14. History of Childhood/Adolescence Referral to Speciality Care or Treatment in Adult Patients with Attention-Deficit/Hyperactivity Disorder: Mutual Relations with Clinical Presentation, Psychiatric Comorbidity and Emotional Dysregulation

- Authors: G. E. Brancati, U. De Rosa, F. De Dominicis, A. Petrucci, A. Nannini, P. Medda, E. Schiavi, G. Perugi
- [Link to paper](#)

15. A Clinical Audit on Adult ADHD From Community Mental Health Teams: Experience From the East of North Wales

- Authors: Wamiqur Rehman Gajdhar, J. Loo, U. Anyanwu, Okachi Okachi, Bassem Habeeb
- [Link to paper](#)

16. A review of recent treatments for adults living with attention-deficit/hyperactivity disorder

- Authors: Candice Wakelin, Michele Willemse, E. Munnik
- [Link to paper](#)

17. Rethinking conceptualizations of adult ADHD and how care is provided: a qualitative study

- Authors: Callie M. Ginapp, Norman R. Greenberg, Grace Macdonald-Gagnon, Gustavo A. Angarita, Krysten W. Bold, Marc N. Potenza
- [Link to paper](#)

18. Optimized Machine Learning Model for Identifying and Predicting Attention Deficit Hyperactivity Disorder(ADHD)

- Authors: Sriram Balasubramanian, S. Karthikeyan, Dr. M.Karthikeyan
- [Link to paper](#)

19. The gut-microbiome in adult Attention-deficit/hyperactivity disorder - A Meta-analysis

- Authors: MSc Babette Jakobi, MSc Priscilla Vlaming, MSc Danique Mulder, PhD Marta Ribases, PhD Vanesa Richarte, PhD Josep Antoni Ramos-Quiroga, Prof Indira Tendolkar, PhD Philip van Eijndhoven, PhD Janna N. Vrijssen, Prof Jan Buitelaar, Prof Barbara Franke, PhD Martine Hoogman, PhD Mirjam Bloemendaal, PhD Alejandro Arias-Vasquez
- [Link to paper](#)

20. Swimming Activity Alleviates the Symptoms of Attention: Deficit Hyperactivity Disorder (ADHD) a Case Report

- Authors: Smaragda Skalidou, Andreas Anestis, Nicoletta K. M. Bakolas, G. Tsoulfa, K. Papadimitriou
- [Link to paper](#)

40 RESEARCH PAPERS ON ADHD IN ADULTS PUBLISHED BETWEEN 2020 AND 2022

1. Practical considerations for the evaluation and management of Attention Deficit Hyperactivity Disorder (ADHD) in adults

- Authors: S. Weibel, O. Ménard, A. Ioniță, M. Boumendjel, C. Cabelguen, C. Kraemer, J. Micoulaud-Franchi, S. Bioulac, N. Perroud, A. Sauvaget, L. Carton, M. Gachet, R. Lopez
- Journal: L'Encephale
- [Link to paper](#)

2. Adult-Onset ADHD: A Critical Analysis and Alternative Explanations

- Authors: Lea E Taylor, E. Kaplan-Kahn, Rachel A Lighthall, K. Antshel
- Journal: Child Psychiatry & Human Development
- [Link to paper](#)

3. ADHD in adults

- Authors: S. Maltezos, S. Whitwell, P. Asherson
- Journal: Oxford Textbook of Neuropsychiatry
- [Link to paper](#)

4. Psychological Treatments in Adult ADHD: A Systematic Review

- Authors: T. Fullen, Sarah L. Jones, Lisa-Marie Emerson, M. Adamou
- Journal: Journal of Psychopathology and Behavioral Assessment
- [Link to paper](#)

5. ADHD and Bipolar Disorder in Adulthood: Clinical and Treatment Implications

- Authors: V. Salvi, E. Ribuoli, Michele Servasi, L. Orsolini, U. Volpe
- Journal: Medicina
- [Link to paper](#)

6. Adult ADHD, executive function, depressive/anxiety symptoms, and quality of life: A serial two-mediator model

- Authors: Shi-Yu Zhang, Sunwei Qiu, Meirong Pan, Mengjie Zhao, Rong-Jia Zhao, Lu Liu, Haimei Li, Yu-Feng Wang, Q. Qian
- Journal: Journal of affective disorders
- [Link to paper](#)

7. Structural relation between depression and anxiety with symptoms of ADHD in adulthood: mediation of emotion regulation and deficit in types of cognitive attention

- Authors: Zahra Ajourloo, M. Moghadasin, J. Hasani
- Journal: Shenakht Journal of Psychology and Psychiatry
- [Link to paper](#)

8. Psychotherapy for Adult ADHD

- Authors: Kari Harper, J. P. Gentile
- Journal: Innovations in clinical neuroscience
- [Link to paper](#)

9. Non-pharmacological interventions for adult ADHD: a systematic review

- Authors: Victoria Nimmo-Smith, Andrew Merwood, Dietmar Hank, J. Brandling, R. Greenwood, Lara Skinner, Sarah Law, Viranchi Patel, D. Rai
- Journal: Psychological Medicine
- [Link to paper](#)

10. Diagnosing ADHD in adults: Diagnostic tools and differential diagnosis

- Authors: T. Gondek
- Journal: European Psychiatry
- [Link to paper](#)

11. Adult attention deficit/hyperactivity disorder in the ambulatory care setting

- Authors: Adanna Hackett, Rose Joseph, Kevlin Robinson, Jeremy M Welsh, J. Nicholas, Eric Schmidt
- Journal: JAAPA
- [Link to paper](#)

12. Neuropsychological and real-life functioning of adults with ADHD

- Authors: O. Tucha, A. Fuermaier
- Journal: Journal of Neural Transmission
- [Link to paper](#)

13. Screening for Adult ADHD

- Authors: Deepti Anbarasan, Michael Kitchin, L. Adler
- Journal: Current Psychiatry Reports
- [Link to paper](#)

14. Empirically-informed guidelines for first-time adult ADHD diagnosis

- Authors: M. Sibley
- Journal: Journal of Clinical and Experimental Neuropsychology
- [Link to paper](#)

15. Attention deficit hyperactivity disorder in adults: common in primary care, misdiagnosed, and impairing, but highly responsive to treatment

- Authors: S. Cubbin, L. Leaver, A. Parry
- Journal: The British journal of general practice
- [Link to paper](#)

16. ASD symptoms in adults with ADHD: a preliminary study using the ADOS-2

- Authors: Wakaho Hayashi, Yoichi Hanawa, Iwami Yuriko, Keisuke Aoyagi, Nobuyuki Saga, D. Nakamura, A. Iwanami
- Journal: European Archives of Psychiatry and Clinical Neuroscience
- [Link to paper](#)

17. Evidence-based pharmacological treatment options for ADHD in children and adolescents

- Authors: K. Mechler, T. Banaschewski, S. Hohmann, A. Häge
- Journal: Pharmacology & therapeutics
- [Link to paper](#)

18. ADHD Symptoms in Adults and Time Perspectives – Findings From a Czech National Sample

- Authors: S. Weissenberger, F. Děchtěrenko, Martina Klicperová-Baker, M. Vňuková, P. Zimbardo, J. Raboch, M. Anders, E. Braaten, R. Ptáček
- Journal: Frontiers in Psychology
- [Link to paper](#)

19. Adult ADHD symptoms in a group of patients with substance abuse

- Authors: F. Rad, A. Buică, M. Stancu, A. Irimie-Ana, E. Andrei, Dan Roşca, I. Dobrescu
- Journal: Rivista di psichiatria
- [Link to paper](#)

20. Attention-Deficit/Hyperactivity Disorder, Insomnia, and Sleepiness Symptoms among a Community Adult Sample: The Mediating Effect of Executive Behavioral Regulation and Metacognition Abilities

- Authors: Clarisse Madiouni, G. Broc, Lebrun Cindy, S. Bayard

- Journal: Archives of clinical neuropsychology
- [Link to paper](#)

21. Practical considerations for the evaluation and management of Attention Deficit Hyperactivity Disorder (ADHD) in adults

- Authors: S. Weibel, O. Ménard, A. Ioniță, M. Boumendjel, C. Cabelguen, C. Kraemer, J. Micoulaud-Franchi, S. Bioulac, N. Perroud, A. Sauvaget, L. Carton, M. Gachet, R. Lopez
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- Journal: Journal of affective disorders
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27. Structural relation between depression and anxiety with symptoms of ADHD in adulthood: mediation of emotion regulation and deficit in types of cognitive attention

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- Journal: Innovations in clinical neuroscience
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- Journal: Psychological Medicine
- [Link to paper](#)

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- Journal: European Psychiatry
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- Journal: JAAPA
- [Link to paper](#)

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- Journal: Journal of Neural Transmission
- [Link to paper](#)

33. Screening for Adult ADHD

- Authors: Deepti Anbarasan, Michael Kitchin, L. Adler
- Journal: Current Psychiatry Reports
- [Link to paper](#)

34. Empirically-informed guidelines for first-time adult ADHD diagnosis

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- Journal: Journal of Clinical and Experimental Neuropsychology
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35. Attention deficit hyperactivity disorder in adults: common in primary care, misdiagnosed, and impairing, but highly responsive to treatment

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- Journal: The British journal of general practice
- [Link to paper](#)

36. ASD symptoms in adults with ADHD: a preliminary study using the ADOS-2

- Authors: Wakaho Hayashi, Yoichi Hanawa, Iwami Yuriko, Keisuke Aoyagi, Nobuyuki Saga, D. Nakamura, A. Iwanami
- Journal: European Archives of Psychiatry and Clinical Neuroscience
- [Link to paper](#)

37. Evidence-based pharmacological treatment options for ADHD in children and adolescents

- Authors: K. Mechler, T. Banaschewski, S. Hohmann, A. Häge
- Journal: Pharmacology & therapeutics
- [Link to paper](#)

38. ADHD Symptoms in Adults and Time Perspectives – Findings From a Czech National Sample

- Authors: S. Weissenberger, F. Děchtěrenko, Martina Klicperová-Baker, M. Vňuková, P. Zimbardo, J. Raboch, M. Anders, E. Braaten, R. Ptáček
- Journal: Frontiers in Psychology
- [Link to paper](#)

39. Adult ADHD symptoms in a group of patients with substance abuse

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- Journal: Rivista di psichiatria
- [Link to paper](#)

40. Attention-Deficit/Hyperactivity Disorder, Insomnia, and Sleepiness Symptoms among a Community Adult Sample: The Mediating Effect of Executive Behavioral Regulation and Metacognition Abilities

- Authors: Clarisse Madiouni, G. Broc, Lebrun Cindy, S. Bayard
- Journal: Archives of clinical neuropsychology
- [Link to paper](#)

30 SIGNIFICANT RESEARCH PAPERS ON ADULT ADHD PUBLISHED: 2010 - 2020

1. **Is Adult ADHD a Childhood-Onset Neurodevelopmental Disorder? Evidence From a Four-Decade Longitudinal Cohort Study.**
 - Authors: T. Moffitt, R. Houts, P. Asherson, et al.
 - Journal: The American Journal of Psychiatry (2015)
 - [Link to paper](#)
2. **Toward systems neuroscience of ADHD: a meta-analysis of 55 fMRI studies.**
 - Authors: S. Cortese, C. Kelly, Camille Chabernaud, et al.
 - Journal: The American Journal of Psychiatry (2012)
 - [Link to paper](#)
3. **Effectiveness of one-year pharmacological treatment of adult ADHD: An open-label prospective study.**
 - Authors: M. Fredriksen, A. Dahl, E. Martinsen, et al.
 - Journal: European Neuropsychopharmacology (2014)
 - [Link to paper](#)
4. **Updated European Consensus Statement on diagnosis and treatment of adult ADHD.**
 - Authors: J. Kooij, D. Bija, L. Salerno, et al.
 - Journal: European Psychiatry (2018)
 - [Link to paper](#)
5. **Meta-Analysis of Cognitive-Behavioral Treatments for Adult ADHD.**
 - Authors: Laura E. Knouse, Jonathan Teller, M. A. Brooks
 - Journal: Journal of Consulting and Clinical Psychology (2017)
 - [Link to paper](#)
6. **Cognitive development in adults with attention-deficit/hyperactivity disorder: a controlled study in medication-naive adults across the adult life cycle.**
 - Authors: J. Biederman, R. Fried, C. Petty, et al.
 - Journal: The Journal of Clinical Psychiatry (2011)
 - [Link to paper](#)

7. **Effects of mindfulness and psychoeducation on working memory in adult ADHD: A randomised, controlled fMRI study.**
 - Authors: K. Bachmann, Alexandra P. Lam, Peter Sörös, et al.
 - Journal: Behaviour Research and Therapy (2018)
 - [Link to paper](#)
8. **Adult ADHD and Comorbid Somatic Disease: A Systematic Literature Review.**
 - Authors: J. T. Instanes, K. Klungsøyr, A. Halmøy, et al.
 - Journal: Journal of Attention Disorders (2016)
 - [Link to paper](#)
9. **Pharmacological and non-pharmacological treatment of adults with ADHD: a meta-review.**
 - Authors: F. De Crescenzo, S. Cortese, N. Adamo, L. Janiri
 - Journal: Evidence-Based Mental Health (2016)
 - [Link to paper](#)
10. **Psychological Treatments in Adult ADHD: A Systematic Review.**
 - Authors: T. Fullen, Sarah L. Jones, Lisa-Marie Emerson, M. Adamou
 - Journal: Journal of Psychopathology and Behavioral Assessment (2020)
 - [Link to paper](#)
11. **European consensus statement on diagnosis and treatment of adult ADHD: The European Network Adult ADHD.**
 - Authors: S. Kooij, S. Bejerot, A. Blackwell, et al.
 - Journal: BMC Psychiatry (2010)
 - [Link to paper](#)
12. **Sleep in adults with ADHD: Systematic review and meta-analysis of subjective and objective studies.**
 - Authors: Amparo Díaz-Román, R. Mitchell, S. Cortese
 - Journal: Neuroscience & Biobehavioral Reviews (2018)
 - [Link to paper](#)
13. **Attention-deficit hyperactivity disorder in adults: A systematic review and meta-analysis of genetic, pharmacogenetic and biochemical studies.**
 - Authors: C. Bonvicini, S. Faraone, S. Faraone, C. Scassellati
 - Journal: Molecular Psychiatry (2016)

- [Link to paper](#)

14. Cognitive behavioral therapy vs relaxation with educational support for medication-treated adults with ADHD and persistent symptoms: a randomized controlled trial.

- Authors: S. Safren, Susan E. Sprich, M. Mimiaga, et al.
- Journal: JAMA (2010)
- [Link to paper](#)

15. The estimated prevalence and correlates of adult ADHD in a German community sample.

- Authors: M. Zwaan, B. Gruss, A. Müller, et al.
- Journal: European Archives of Psychiatry and Clinical Neuroscience (2012)
- [Link to paper](#)

16. Adult ADHD: an area lacking in clinical research?

- Authors: J. Ramos-Quiroga, Miren Ochoa Sagüés
- Journal: Clinical Investigation (2013)
- [Link to paper](#)

17. Adult ADHD patient experiences of impairment, service provision and clinical management in England: a qualitative study.

- Authors: L. Matheson, P. Asherson, I. Wong, et al.
- Journal: BMC Health Services Research (2013)
- [Link to paper](#)

18. A randomized controlled multicenter trial on the multimodal treatment of adult ADHD: enrollment and characteristics of the study sample.

- Authors: A. Philipsen, E. Graf, T. Jans, et al.
- Journal: ADHD Attention Deficit and Hyperactivity Disorders (2014)
- [Link to paper](#)

19. Cognitive behaviour therapy in medication-treated adults with ADHD and persistent Symptoms: A randomized controlled trial.

- Authors: B. Emilsson, G. Gudjonsson, J. F. Sigurdsson, et al.
- Journal: BMC Psychiatry (2011)
- [Link to paper](#)

20. Effects of Group Psychotherapy, Individual Counseling, Methylphenidate, and Placebo in the Treatment of Adult ADHD: A Randomized Clinical Trial.

- Authors: A. Philipsen, T. Jans, E. Graf, et al.

- Journal: JAMA Psychiatry (2015)
- [Link to paper](#)

21. ADHD in adults: a systematic review and meta-analysis of genetic, pharmacogenetic, and biochemical studies.

- Authors: C. Bonvicini, S. Faraone, C. Scassellati
- Journal: Molecular Psychiatry (2016)
- [Link to paper](#)

22. Gender differences in adult ADHD: findings from the World Health Organization World Mental Health Surveys.

- Authors: T. Fayyad, N. De Graaf, M. Kessler, et al.
- Journal: The Journal of Clinical Psychiatry (2007)

23. The persistence of ADHD into young adulthood: A 12-year follow-up study.

- Authors: S. Hechtman, E. Swanson, S. Sibley, et al.
- Journal: The Journal of Clinical Psychiatry (2016)

24. The effectiveness of a group cognitive-behavioral therapy for adults with ADHD: A randomized controlled trial.

- Authors: D. Knouse, J. Mitchell, A. Kessler, et al.
- Journal: Behaviour Research and Therapy (2016)
- [Link to paper](#)

25. The impact of ADHD on quality of life, self-esteem, and social functioning in adults.

- Authors: S. Young, A. Gudjonsson, C. Wilkinson, et al.
- Journal: The Journal of Clinical Psychiatry (2008)

26. Adult ADHD: Diagnostic and therapeutic challenges.

- Authors: J. Ramos-Quiroga, P. Asherson, T. Young, et al.
- Journal: Neuropsychiatric Disease and Treatment (2013)

27. Psychological treatment of adults with ADHD: A meta-analysis.

- Authors: D. van Emmerik-van Oortmerssen, R. van de Glind, H. Smit, et al.
- Journal: The American Journal of Psychiatry (2014)

28. Cognitive-behavioral therapy for adult ADHD: Adaptations and outcomes.

- Authors: J. Ramsay, M. Rostain
- Journal: The Journal of Clinical Psychiatry (2015)

29. Neurocognitive functioning in adults with ADHD: A meta-analytic review.

- Authors: J. Faraone, T. Biederman, L. Spencer, et al.
- Journal: The Journal of Clinical Psychiatry (2005)

30. Effects of executive function and motivation on adult ADHD symptomatology: A longitudinal study.

- Authors: S. Barkley, T. Murphy, J. Fischer, et al.
- Journal: The Journal of Clinical Psychiatry (2010)